

Report to Melksham Area Board
Date of meeting 15.11.2017
Title of report Health and Wellbeing Funding

Purpose of the Report:

To consider the applications for funding listed below together with the recommendations of the Health and Wellbeing Group.

Applicant	Amount requested	Health and Wellbeing Group recommendation
BOA & Melksham Health Partnership - Balance Exercise Class for Older People	£1,980	£1,980
Age UK Wiltshire - Melksham Nail cutting clinic	£500	£500
Melksham and District Seniors Forum 55+	£4,260	£3,000
Our Time Project	£2,000	£0

1. Background

The recommendation from the Health and Wellbeing Group has been made in accordance with the following guidelines:

- **Health and Wellbeing Groups Spending Guidelines**

Members of the Health and Wellbeing Group have considered this application and identified it as a priority for Area Board funding.

2. Main Considerations

- 2.1. Councillors will need to be satisfied that Health and Wellbeing Groups awarded in the 2016/2017 year are made to projects that can realistically proceed within a year of it being awarded.
- 2.2. Councillors will need to be assured that carers, older and/ or vulnerable people will benefit from the funding being awarded. The money must be used to invest in projects that will support adults living within a community area. While not exclusively restricted to older people, the investment should be made in such a way as to make the maximum impact on health and wellbeing within a given community area.
- 2.3. Councillors will need to ensure measures have been taken in relation to safeguarding older and vulnerable people.

3. Environmental & Community Implications

Health and Wellbeing Funding will contribute to the continuance and/or improvement of cultural, social and community activity and wellbeing in the community area, the extent of which will be dependent upon the individual project.

4. Financial Implications

Financial provision had been made to cover this expenditure

4.1. Melksham Area Board was allocated £7700

4.2. The Melksham Area Board Health and Wellbeing Funding balance for 2016/17 is £7700

4.3. All decisions must fall within the Health and Wellbeing Funding allocated to Melksham Area Board.

4.4 If funding is awarded in line with the Health and Wellbeing recommendations outlined in this report

1. Legal Implications

There are no specific legal implications related to this report.

2. Human Resources Implications

There are no specific human resources implications related to this report.

3. Equality and Inclusion Implications

Ensuring that Community Area Boards and Health and Wellbeing Groups fully consider the equality impacts of their decisions in designing local positive activities for young people is essential to meeting the Council's Public Sector Equality Duty.

4. Safeguarding Implications

The Area Board has ensured that the necessary policies and procedures are in place to safeguard children and young people. The Community Engagement Manager has assessed this application agreed it meets safeguarding requirements.

5. Applications for consideration

Application ID	Applicant	Project Proposal	Requested
BOA & Melksham Health Partnership	BOA and Melksham Health Partnership	Balance Exercise Class for Older People	£1,980
Project description The Melksham Leg Club offers accommodation at the Spencer's Social Club to a number of additional clubs which support social isolation Wound Care Leg Club Carers Cafe Falls Clinic Health Trainers and a Foot Care Practitioner. To support self-care and increase the options for older people to keep well exercise and socialise we have been approached by Active Health - who currently run a Balance and Exercise Class at Christie Miller. These classes are very popular however many of our members who have had leg ulcers and other medical conditions have suggested that we have this trainer to run a class in the Leg Club on a Thursday afternoon. This will also assist the medical Falls Clinic as they will be able to refer people once they are more stable and need to keep flexible and exercise. We have contacted Wiltshire Council who is unable to offer any further funds to cover this second class. Members are prepared to pay towards the class c.£2.50 - but we need to fund the trainer - for the first year so that we can build the interest and by year 2 this should be self funding.			
Recommendation of the Health and Wellbeing Group That the application meets the grant criteria and is approved for the amount £1,980			

Application ID	Applicant	Project Proposal	Requested
Age UK Wiltshire	Age UK Wiltshire	Toe nail cutting clinic	£500
<p>Project description</p> <p>We aim to open a Nail cutting clinic in the centre of town to provide affordable foot care to older people in a venue that is easy for them to access.</p> <p>AUKW currently holds a clinic every 4 weeks in Kestrel Court, Bowerhill, Melksham. This clinic runs for the morning only during which up to 7 appointments can be offered. Currently we can offer these appointments for up to 20 registered service users in the area. This present location is provided by Selwood Housing and although at present this is free of charge, for which we are grateful, there is no guarantee that this will continue to be so in the future. Also the site it is not easily accessible without transport particularly to those living in and around the town centre. Despite this, the clinic is often full however limitations on use of the premises means it lacks the capacity to meet demand and therefore potential new clients are advised to either attend clinics in other nearby towns or are put on our waiting lists until spaces become available.</p> <p>A clinic within Melksham town centre, running either consecutively to our existing Bowerhill clinic or as a replacement, could potentially double the total of appointments available in Melksham from 7 to 14 every four weeks, or in other words, an increase from 87 to 175 appointments per year. This in turn would give us the ability to offer the service to a further 20 service users therefore enabling us to offer nail cutting to a total of 40 older people in and around Melksham.</p>			
<p>Recommendation of the Health and Wellbeing Group</p> <p>That the application meets the grant criteria and is approved for the amount of £500</p>			

Application ID	Applicant	Project Proposal	Requested
Melksham & District Seniors 55+	Melksham & District Seniors 55+	Older Persons Health and Wellbeing Programme for age friendly Melksham	£4,260
<p>Project description</p> <p>To provide a comprehensive range and age appropriate activities to reduce the incidence of loneliness and depression among our older community and promote individual and group health and wellbeing and intergenerational activity.</p>			
<p>Recommendation of the Health and Wellbeing Group</p> <p>That the application meets the grant criteria and is approved for the amount of £3,000.</p>			

Application ID	Applicant	Project Proposal	Requested
Our Time Project	Our Time Project	Out Time Project - Melksham	£2,000

Project description

TO PRODUCE AND DELIVER A SERIES OF HIGH QUALITY INSPIRING THEATRE AND MOVEMENT WORKSHOPS WITH ELDERLY COMMUNITIES OF MELKSHAM: CREATING JOYFUL, LIFE - ENHANCING EXPERIENCES, UNDER THE GUIDANCE AND THE EXPERTISE OF THE OUR TIME PROJECT COMPANY. INVOLVING ACTIVE ELDERS, VERY FRAIL, THOSE WHO HAVE HAD STROKES, AND THOSE WITH DEMENTIA. ULTIMATELY ENCOURAGING PERSONAL DISCOVERY AND A SHARED AND ENLIGHTENING COLLECTIVE EXPERIENCE WHICH WILL HAVE POSITIVE REPERCUSIIONS IN THE WIDER COMMUNITY. The workshops will improve the health and well-being of participants, encouraging mental and physical stimulation as well as being a joyful creative collective experience for both elders and carers.

Recommendation of the Health and Wellbeing Group

That this project is not financially supported.

No unpublished documents have been relied upon in the preparation of this report

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